

Glendale Union High School District Athletic Clearance

To be cleared for the first day of permissive practice, a student-athlete must have forms turned into the Athletic Office two weeks prior to the start of practice. ***Please only print and turn in the designated pages.***

- READ** the Center for Disease Control Athlete Fact Sheet on Concussions:
 - [Center for Disease Control Athlete Fact Sheet](#)
- TAKE** the Concussion Education Test: [AIA Concussion Education Course and Test- Brainbook](#)
 - When you have finished taking the test, **PRINT** the *completion certificate* page.
- Complete and **PRINT** the MTBI/Concussion Statement and Acknowledgement form:
 - [AIA MTBI/Concussion Acknowledgment Form](#)
- For more information on the AIA Bylaw 14.14 Concussion Education, **READ** this document:
 - [AIA article 14 Bylaws on Concussion education](#) Do not print this document. For information only.
- VIEW** Sports Risk Video: [Sports Risk Video](#)
- Complete and **PRINT**: [Sports Risk Video Verification Form](#)
- The following forms must be **PRINTED** and taken to your appointment. **NOTE**: Physical must be completed *after* March 1 to be current for the following school year. Both forms must be printed and signed by the doctor, parent and student where necessary.
 - [AIA Pre-Participation Medical History](#)
 - [AIA Pre-Participation Physical Examination](#)
- More information regarding the AIA Bylaw on physical exams can be found here: [AIA Bylaw 15.7-Physical Examination Rule](#) No need to print this document. It is for information only.
- PRINT** 2 copies of the following Emergency Consent form and provide a copy of your Medical Insurance Card.
 - [Emergency Consent Form](#)
- BRING** a certified copy of Birth Certificate (required upon registration in school)

All documents can be accessed on the school webpage in the Athletics tab.

In order to be cleared for athletic participation the steps above must be completed and a hard copy of the required documents must be turned in to the Athletic Office. Please make sure all forms are signed and dated.

You are not cleared to participate in practice or games until all documents are verified by the Athletics Office and you have been given an Athletic Clearance Card. This card must be given to the coach in order to be eligible to practice or play in a game.